

Hertfordshire CAMHS Local Transformation Plan



There is now a welcome recognition of the need to make dramatic improvements in mental health services. Nowhere is this more necessary than in support for children young people and their families.

CAMHS – The National Context

Future in Mind National Taskforce report

- A clear national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs
- Publicly available, agreed Local Transformation Plans for Children and Young People's Mental Health and Wellbeing



East and North Hertfordshire
Clinical Commissioning Group



Herts Valleys
Clinical Commissioning Group



49 recommendations over 5 key themes

- Promoting resilience, prevention and early intervention
- Improving access to effective support, a system without tiers
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce
- National NHSE structures and arrangements
- Hertfordshire whole system review aligned

Hertfordshire CAMHS review - Key headlines

- Current levels of mental health support for children, young people and families are inadequate
- There are major gaps in the provision of mental health support – Early intervention
- Children and parents are not satisfied with the accessibility of support they receive
- The system currently tends towards crisis management
- Active involvement of a range of local agencies

Hertfordshire CAMHS review – A whole system response

New approach needed

- Focus on prevention and early intervention
- Active involvement of a range of local agencies
- Evidence based interventions
- Whole-school approach

Proposed model in Hertfordshire

A coordinated and accessible system

- A single well promoted gateway to get help
- Support based on a child and young persons needs not their diagnosis
- A multi-sector partnership approach focusing on shared assessment and outcomes
- Improved information-sharing and coordination between services
- Support for parents, children and young people to give them the knowledge to promote their own wellbeing and to know how to get help if they need it

National allocation of additional funding

CCG	Initial allocation of funding for eating disorders and planning in 2015/16	Additional funding available for 2015/16 when Transformation Plan is assured	Minimum recurrent uplift for 2016/17 and beyond if plans are assured (includes eating disorders)
E and NH	£298,355	£746,812	£1,045,167
HV	£314,581	£787,428	£1,102,009
Total	£612,936	£1,534,240	£2,147,176

Key objectives for additional funding are to:

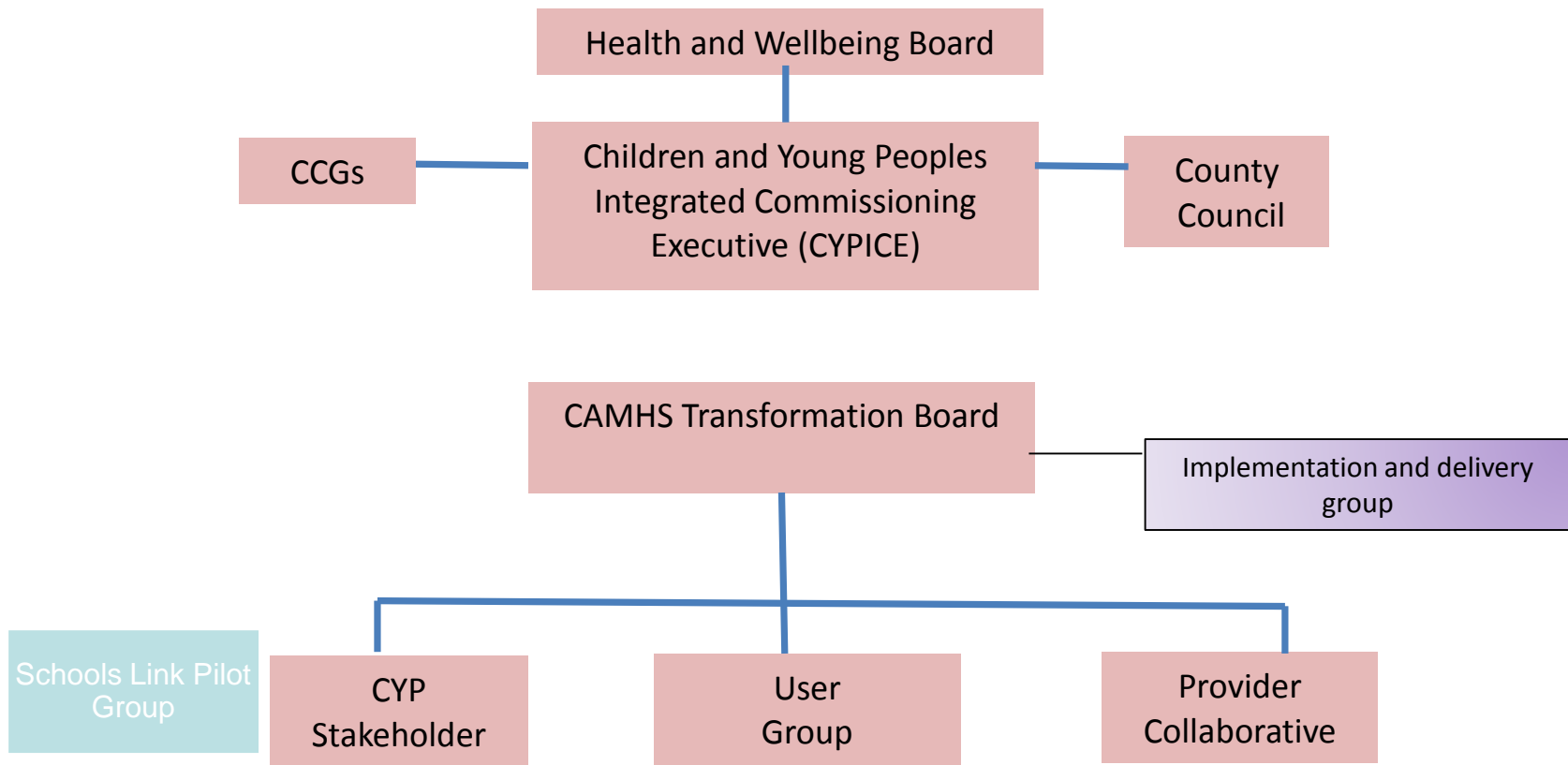
- Build capacity and capability across the system so that we make measurable progress towards closing the health and wellbeing gap and securing sustainable improvements
- Roll-out the Children and Young People's Improving Access to Psychological Therapies programmes
- Develop evidence based community Eating Disorder services for children and young people
- Improve perinatal care. There is a strong link between parental (particularly maternal) mental health and children's mental health
- Bring education and local children and young people's mental health services together around the needs of the individual child through a joint mental health training programme

Schools Link Pilot

- Funding for 15 CCGs, 87 applied
- Successful bid by E&NHCCG and HVCCG
- £100K available
- £3,500 per school
- 20 pilot schools
- School Link Pilot Group to be established
- Outline of the pilot
 - Testing named lead approach
 - training programme



Local Governance arrangements



CAMHS Transformation plan requirements

- High level summary of Local Transformation Plan
 - Who is leading?
 - What are you trying to do?
 - Where have you got to?
 - Where do you think you could get to by April 2016?
 - What do you want from a structured programme of transformation?
- Self assessment checklist
- Tracking template
- One Hertfordshire CAMHS transformation plan with two trackers, one for each CCG

Herts CAMHS transformation plan

- Priorities for investment and rationale
- Communication strategy
- Risk log
- Outcomes and KPIs (National Dashboard development)
- Self assessment (East of England and Midlands model against Future in Mind recommendations)

Three phased approach for Year 1

- Meeting current demand
- Delivery and planning
- Testing delivery for transformation

Herts transformation plan

Proposed allocated spend for 2015/16

Key Investment	Allocated spend
Meeting Current Demand	
Additional investment in current Community Eating Disorder Service to ensure NICE Compliance	£400,000
Addressing current demand and cost pressure for tertiary referrals into GOSH	£212,000
Commission additional capacity in SPA for CYP triage expertise, and Multi Agency Safeguarding Hub	£256,000
Additional investment in Tier 2 (Counselling face to face and online, Brief Therapies)	£278,000
School Leads for Mental Health and extension of CAMHS School Link Pilot	£240,000
Extension of CCAT – 7 days a week (CAMHS Crisis Assessment and Treatment Team) – 7 days a week	£54,759
Improve the earlier identification of parent/ carer needs of children and young people accessing CAMHS (3 Carer support workers in statutory and third sector)	£60,000

Herts transformation plan

Proposed allocated spend for 2015/16

Key investment	Allocated spend
Design and Planning	
Increase capacity for service re-design, communication and data analysis to implement service transformation	£70,000
Testing delivery for transformation	
Develop local parent/perinatal mental health support programme with third sector (awaiting national guidance)	£45,000
Workforce development for CYP professionals and organisations (Mental Health First Aid Training)	£70,000
Implement an equitable single countywide NICE Compliant neuro-developmental pathway	£275,000
Develop local services for vulnerable groups and/or those with complex needs e.g. sexually harmful behaviours, trauma and attachment	£200,000
Develop local model for feeding clinic	£55,000

Timeline

Start Date	Activity
02 October 15	Local Transformation Board
09 October 15	Hertfordshire Health and Wellbeing Board
16 October 15	Local Transformation Plans submitted to NHSE